



School Dinner Menu

Spring Term 2023

















Week 1	Week 2	Week 3
Served w/c 02/01, 23/01, 20/02 & 13/03	Served w/c 09/01, 30/01, 27/02 & 20/03	Served w/c 16/01, 06/02, 06/03, 27/03
Separate Main Meal option Jacket Potato & Cheese	Separate Main Meal option Jacket Potato & Tuna	Separate Main Meal option Jacket Potato & Beans
Monday	Monday	Monday
V Pasta Parcels in homemade tomato sauce Cauliflower & Green Beans Garlic Bread Apple Crumble & Custard	V Cheese & Tomato Pizza Diced Potatoes Peas & Sweetcorn Krispie Cereal Bar	V Cheese & Tomato Pasta Garlic Bread Broccoli & Carrots Jam Roly Poly & Custard
Tuesday	Tuesday	Tuesday
Crispy Chicken Bites Baby New Potatoes Peas & Sweetcorn Herby Bread Orange Shortbread	Pasta Bolognese Cauliflower & Green Beans Garlic Bread Chocolate Orange Sponge & Chocolate Sauce	Cheese Burger Potato Wedges Carrot & Cucumber Sticks Banana Brownie
Wednesday	Wednesday	Wednesday
Roast Turkey in Gravy Roast Potatoes Medley of Vegetables Homemade 50/50 Bread Arctic Roll & Fruit	Sausage & Yorkshire Pudding Mashed Potato Medley of Vegetables Sliced Wholemeal Bread Cheese & Crackers	Mince Beef & Dumplings Baby New Potatoes Medley of Vegetables Sliced Wholemeal Bread Marble Sponge & Custard
Thursday	Thursday	Thursday
Chilli Con Carne 50/50 Rice Naan Bread Carrots & Broccoli Cheese & Crackers	Chicken Wrap Vegetable Rice Broccoli & Carrots Apple Flapjack	Chicken Korma Cauliflower & Green Beans Naan Bread Oaty Biscuits & Cheese
Friday	Friday	Friday
Fishwich Chips & Beans Chocolate Berry Mousse Cake	Fish Fingers Chips & Beans Lemon Drizzle Muffin	Battered Fish Chips & Beans Iced Finger & Sultanas

Very occasionally due to circumstances beyond our control, it may be necessary to change from the menu

M = This has been added to the ingredients on the label or as a risk of being in it

DISHES AND THEIR ALLERGEN CONTENT – WOLDS & VALE FEDERATION

DISHES (with allergens)															
The foods below are some or all of the menu items for each day. Unlisted items do not contain identified allergens.		Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

Week 1	Mon	Pasta Parcels		✓						M					M		
		Apple Crumble & Custard		✓		M			✓							✓	
	Tue	Crispy Chicken Bites															
		Orange Shortbread		✓		✓										M	
	Wed	Roast Turkey															
		Arctic Roll		✓		✓			✓							✓	
	Thur	Chilli Con Carne & Rice	✓	✓					✓								
		Cheese & Crackers		✓					✓								
Fri	Fishwich		✓		M	✓				M					✓		
	Chocolate Berry Mousse Cake		✓		✓			✓							M		
Week 2	Mon	Cheese & Tomato Pizza		✓		M		✓							✓		
		Krispie Cereal Bar		✓				✓							M	✓	
	Tue	Pasta Bolognese	✓	✓					✓						M		
		Choc Orange Sponge & Choc Sauce		✓		✓			✓							M	
	Wed	Sausage & Yorkshire Pudding		✓		✓			✓								
		Cheese & Crackers		✓					✓								
	Thur	Chicken Wrap		✓					✓								
		Apple Flapjack		✓													
	Fri	Fish Fingers		✓							✓						
		Lemon Drizzle Muffin		✓			✓		✓							M	
Week 3	Mon	Cheese & Tom Pasta		✓		✓		✓							✓		
		Jam Roly Poly & Custard		✓					✓						✓		
	Tue	Cheese Burger		✓		✓			✓						✓	✓	
		Banana Brownie		✓		✓											
	Wed	Mince Beef & Dumpling		✓		✓			✓								
		Marble Sponge & Custard		✓		✓			✓						✓		
	Thur	Chicken Korma	✓	✓					✓			M	M				✓
		Oaty Biscuits & Cheese		✓					✓								
Fri	Battered Fish		✓			✓											
	Iced Finger & Sultanas		✓		M			✓							M		
		Jacket Potato & Cheese						✓									
		Jacket Potato with Tuna			✓	✓											
		Jacket Potato with Beans															

M = This has been added to the ingredients on the label or as a risk of being in it

M = This has been added to the ingredients on the label or as a risk of being in it